

create your own bowl

delivery on
wedely **FOOZE**
Uber Eats **Wolt**

1 ☐ big 14,50€ ☐ small 10,50€

2 choose your base 2 included then 0,90€ per ingredient

- | | |
|---|--|
| ☐ sweet potatoes 🍌 | ☐ lamb's lettuce |
| ☐ rice 🍌 | ☐ mixed salad |
| ☐ roasted potatoes 🍌 | ☐ iceberg salad |
| ☐ quinoa | ☐ rucola salad |
| ☐ tricolor pasta | ☐ chinese cabbage |
| ☐ warm ☐ cold | |

3 add some colours 4 included then 0,90€ per ingredient

- | | | |
|---|--|---|
| ☐ pineapple | ☐ guacamole | ☐ broccoli |
| ☐ hummus | ☐ kidney beans | ☐ red radish |
| ☐ wakame seaweed | ☐ pomegranate | ☐ pickled gherkins |
| ☐ olives | ☐ lentils | ☐ red cabbage |
| ☐ grated carrots | ☐ jalapeños | ☐ butternut squash 🍌 |
| ☐ edamame | ☐ soybean sprouts | ☐ celery purée 🍌 |
| ☐ green beans | ☐ egg | ☐ bell peppers 🍌 |
| ☐ corn | ☐ cucumber | ☐ courgettes 🍌 |
| ☐ tomatoes | ☐ chickpeas | ☐ mushrooms 🍌 |
| ☐ beetroot | ☐ red onions | ☐ eggplants 🍌 |

4 crunch it

1 included then 0,90€ per ingredient

- ☐ peanuts
- ☐ sunflower seeds
- ☐ croutons 🍌
- ☐ raisins
- ☐ crunchy onions 🍌
- ☐ pink ginger
- ☐ pita bread 🍌
- ☐ turkey bacon
- ☐ pumpkin seeds
- ☐ tortilla chips

5 dress it

1 included then 0,90€ per sauce

- ☐ teriyaki sauce 🍌 🍷
- ☐ warm pepper sauce 🍌
- ☐ caesar herb dressing 🍷
- ☐ white dressing 🍷
- ☐ oil with herbs 🍷
- ☐ miso sauce 🍷
- ☐ tomato salsa sauce 🍌 🍷
- ☐ traditional vinaigrette 🍷

🍷 vegetarian 🍌 warm

🍷 wheat 🍷 milk

6 top off

beef rump steak +7,90€

☐ blue ☐ rare ☐ medium ☐ well done

☐ chicken +5,70€

☐ nature ☐ gyros

☐ beef quesadilla +7,50€

☐ sea bream +7,20€

☐ salmon poke +7,90€

☐ herbed tofu mix 🍷 +5,90€

☐ grilled scampis +7,90€

☐ leek - reblochon tartlet 🍷
+6,50€

☐ falafel 🍷 +3,90€

☐ gyoza 🍷 +5,90€

☐ mozzarella di bufala +5,90€

☐ gouda +3,20€

☐ feta +3,20€

☐ parmesan +3,20€

☐ refined goat cheese +3,20€

Allergies? Let us know:

Name your creation:

BOWLS