

# create your own bowl



1  **big 13,90€**  **small 9,90€**

2 **choose your base** 2 included then 0,70€ per ingredient

- sweet potatoes  rice  roasted potatoes  quinoa  
 lamb's lettuce  mixed salad  iceberg salad  rocket salad

3 **add some greens** 4 included then 0,70€ per ingredient

- pineapple  curried cabbage  wakame seaweed  edamame  
 grated carrots  olives  black radish  beetroot  tomatoes  
 guacamole  kidney beans  pomegranate  lentils  jalapeños  
 egg  corn  soybean sprout  onions  chickpeas  broccoli  
 cucumber  leek vinaigrette  indian lentil dahl  mushrooms   
 roasted butternut  red cabbage confit in wine  courgettes   
 peppers  eggplants

4 **crunch it** 1 included then 0,70€ per ingredient

- peanuts  sunflower seeds  croutons  crispy onions  
 pumpkin seeds  pita bread  pink ginger  raisins

5 **dress it**

1 included then 0,70€ per sauce

- teriyaki sauce   
 warm pepper sauce   
 kipik sauce   
 caesar herb dressing  
 white dressing  
 warm pumpkin curry sauce   
 warm salsa sauce   
 traditional vinaigrette

6 **top off**

- beef rump steak +7,50€  
 blue  rare  medium  well done  
 chicken fillet +5,20€  
 gyros chicken fillet +5,20€  
 salmon poke +7,90€  
 sea bream +6,90€  
 beef quesadillas +6,50€  
 grilled scampis +7,50€  
 falafel +3,00€   
 reblochon-quorn brick +6,30€  
 gyoza +5,90€  
 feta +2,30€  
 parmesan +2,30€  
 mozzarella balls +2,30€  
 refined goat cheese +2,30€

your name:

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BOWLS