

# create your own bowl



1  big 13,90€  small 9,90€

2 choose your base 2 included then 0,50€ per ingredient

- sweet potatoes  rice  roasted potatoes  thyme couscous
- quinoa  mixed salad  iceberg salad  rocket salad
- romaine salad

3 add some greens 4 included then 0,50€ per ingredient

- pineapple  celery  hummus  wakame seaweed  olives
- grated carrots  edamame  radish  beetroot  tomatoes
- guacamole  kidney beans  pomegranate  lentils  jalapeños
- eggs  corn  eggplants  onions  chickpeas  peppers
- cucumber  broccoli  mushrooms  courgettes
- artichokes tapenade

4 crunch it 1 included then 0,50€ per ingredient

- peanuts  sunflower seeds  croutons  almonds
- crispy onions  cranberry  pink ginger  raisins

5 dress it

1 included then 0,50€ per sauce

- teriyaki sauce
- warm pepper sauce
- TNT sauce
- caesar herb sauce
- white dressing
- ratatouille sauce
- traditional vinaigrette

6 top off

- beef rump steak +5,90€
  - blue  rare  medium  well done
- chicken fillet +4,70€
- gyros chicken fillet +4,90€
- salmon poke +6,00€
- vegetarian bean & quinoa patty +4,50€
- crispy tofu & vegetable spring roll +4,20€
- falafel +2,00€
- baby mozzarella +1,90€
- feta +1,90€
- parmesan +1,90€
- refined goat cheese +1,90€

BOWLS

your name:

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