OUR SIGNATURE BOWLS

Désolé not from Paris 12,50€ VEGETARIAN

mesclun, kale, steamed mushrooms, fennel,
grapes, goat cheese, honey hazelnut dressing

Orient Express 12,50€ VEGAN

quinoa, vegan falafel, humus, pomegranate grains,
black lentils, cucumber, pita bread, za'atar

Dating a Farmer 15€

potato celery mash, beetroot cubes, tea-infused pear,
cold mixed cabbage, apple chips, cauliflower,
grilled turkey, yoghurt cheese dressing

Greenade 14€ VEGETARIAN

spinach rice, kohlrabi, rocket, edamame, Chinese cabbage,
fennel, marinated mozzarella, mint lime dressing

Tokyo Girl 15,50€

carrot couscous, kohlrabi, chickpeas, Chinese cabbage,
chili, edamame, salmon sashimi, mint lime dressing

Meat me in Philly 17€

carrot couscous, kale, rump steak strips, Gouda,
green pepper, red onions, chili, cold mixed cabbage,
yoghurt cheese dressing

The Dolce Vita 16€

spinach rice, rocket, red onions, kidney beans, olives,
cherry tomatoes, grilled cod, chili tomato dressing

October Blues 12€ VEGAN

hot quinoa, roasted butternut, kale, carrot, chickpeas,
fennel, black lentils, orange beetroot dressing

#1
CREATE YOUR BOWL BIG 12€ SMALL 9€

BOWLS
Healthy Food

#2
CHOOSE YOUR BASE
2 included then
0,50€ / ingredient

- mesclun
- hot carrot couscous
- spinach rice
- kale
- quinoa
- potato celery mash

#3
ADD SOME GREENS
4 included then
0,50€ / ingredient

- kohlrabi
- rocket
- cauliflower
- black lentils
- edamame
- Chinese cabbage
- carrot
- steamed mushrooms
- chili
- tea-infused pear
- cold mixed cabbage
- baked sweet potatoes
- chickpeas
- red onions
- beetroot cubes
- guacamole
- humus
- tomatoes
- kidney beans
- pita bread
- grapes
- cucumber
- olives
- fennel

#4
CRUNCH IT
1 included then
0,50€ / ingredient

- apple chips
- sunflower seeds
- pomegranate grains
- pistachios
- peanuts
- roasted almonds

#5
DRESS IT

- orange beetroot
- mint lime
- za'atar
- yoghurt cheese
- chili tomato
- honey hazelnut

#6
TOP OFF

- grilled turkey **+4€**
- rumpsteak strips **+4,50€**
- salmon sashimi **+4,50€**
- grilled cod **+4,50€**
- falafel **+1€**
- roasted butternut **+0,50€**
- mozzarella or goat cheese **+1€**
- gouda or parmesan **+1€**